

Focal id' Chluais.



A Word in your ear. June '09.

Log on Learning.

This programme was set up to give people over 65 the chance to learn computer skills from transition year students who in turn learned what it was like growing up long ago. This is the first time this programme was run in Coláiste Ghobnatan. Nineteen older people took part in this programme which was held every Tuesday for eight weeks from 1.30 to 3.30. I called in to the eighth and final class for a chat with the older people and their tutors. Here is a sample of some of the reactions I got.

When I walked into the computer room in Coláiste Ghobnatan I was greeted with the noise of keyboards tapping and mouse clicking and everybody was in deep concentration. I was blown away by their enthusiasm. On one side the older people had this great desire to learn and on the other the students who were tutoring them did everything they could to teach and to help them. I spoke to Annie, a lady who never sat in front of a computer before the course. I was made very welcome, as we began to chat she told me how she has learned a lot of new skills and in the next few weeks hopes to buy a laptop. She said she will do well if she does what her tutor Shane taught her to do when using the computer. She said it was fantastic to meet the young people. Shane said that the course was a great experience. He really enjoyed teaching Annie and always looked forward to the classes, he will miss the chats with her and learning about long ago.

While making my way down the classroom after speaking to Annie I could see the joy on peoples faces as they accomplished something new. I was greeted by two friendly smiles as I sat down beside Eileen and her tutor Katie. Eileen began to tell me how she was enjoying the course immensely. She told me about all the new things that she had learnt during the course such as emailing and looking at fashion on the internet. She will now be able to use all that she has learned at home because she has just recently purchased a new laptop. She said that she always looked forward to the day of the course and that Katie was a great tutor. Katie said that she had great craic being Eileen's tutor and she has learnt that growing up when Eileen was young was totally different to the present day and because of this Katie appreciates technology more. Now that the classes have finished Katie will miss meeting Eileen.

I only spent twenty minutes in this class but in that short time I could see the friendships that had been formed between the older people and their tutors. They learned about computers from their tutors who in turn became that bit wiser because the older people spoke about life long ago. The final five minutes passed as quickly as five seconds and after 8 weeks of fun and learning all the students were presented with their certificates. The course comes highly recommended by the people I spoke to. This course was run by Coláiste Ghobnatan in conjunction with MFG Meitheal Mhúscraí and they hope to run a similar programme in the Autumn. It was sponsored by Microsoft, Intel and An Post. Book your place early by phoning MFG Meitheal Mhúscraí at 026 45661 because places will be snapped up quickly.

Aodán Ó Mocháin.

mfg-Meitheal Mhúscraí, Réidh na nDoirí, Maigh Chromtha, Co Chorcaí.

Tel: 026-45661. muscraí@eircom.net

Disclaimer: We take great care to research the information contained in this publication. It is, to the best of our knowledge, accurate and up-to-date at the time of publication. Our aim is to provide useful information to those who receive Focal id' Chluais. MFG-Meitheal Mhúscraí cannot accept any liability for any loss or damage arising as a result of reliance on this information.



Cois Cille, Cill na Martra 026-40999.

Lunch Mon, Tues, Wed, & Friday 12.30pm.

Lunch must be booked in advance.

Chiropodist, 30th of June by appointment.

Transport available at 026-45661.

All are welcome.

Cuan Barra, Béal Átha'n Ghaorthaidh.

Lunch, Mondays & Fridays 12.30pm.

To book call Siobhán/Lucy 087 1378099.

Aisling Ní Laoire Beauty Therapist.

Thurs. **18th** June, 087 6579894 for appointment.

Dr Ken Harte each Wednesday 12.00 – 1.00pm.

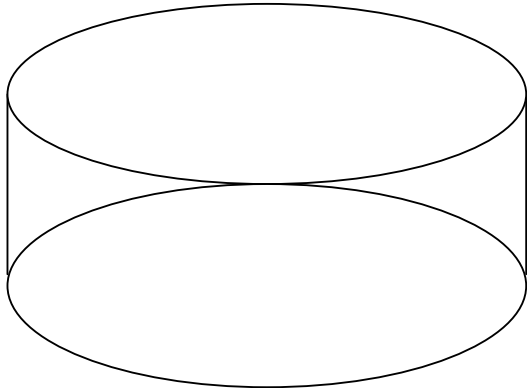
Chiropodist, 15th of June by appointment.

Contact Ann O Donovan, 027 50340/086 3679761

All are welcome.

Who can cut the Cake ?

Maria is 28 today and has invited seven friends to her party. Her Mother has baked a delicious cake for the occasion. "Come on Maria have you any trick to show us on your birthday?" asks her pal Niamh. "I have," replies Maria. "I can divide this cake into 8 equal slices, one for each of us." "So?" What's special about that?" asks Niamh. "I can make eight equal slices with only three cuts of the knife!" answers Maria, with a mysterious smile. And she can. Can you?



Cooking and Kitchen Tips.

- 1.** Fresh eggshells are rough and chalky; old eggs are smooth and shiny.
- 2.** To keep potatoes from budding, place an apple in the bag with the potatoes.
- 3.** Store tomatoes with stems pointed down and they will stay fresher longer.
- 4.** Cheese will not harden if you butter the exposed edges before storing.
- 5.** Lemons stored in a sealed jar of water will produce twice the juice.

Simple Apple Crumble

Ingredients: 3 cooking apples,
3 teaspoons brown sugar,
2 cups flour,
3 teaspoons butter.

Method:

- 1.** Wash and peel the apples. Cut them into slices and put them in a glass baking tray.
- 2.** Spread the brown sugar over the apples.
- 3.** Rub the butter into the flour until the mixture has a bread crumb texture.
- 4.** Put the mixture over the apples.
- 5.** Bake in a hot oven (190° Celsius, Gas 5) for 50 minutes.
- 6.** Serve with whipped cream or warm custard.

Scoraíocht an Déardaoin.

To book your place for any of these events contact us here in the Ionad Áise at 026 – 45661.

June scoraíocht will be a trip to Millstreet Country Park which will take place on Thursday the 18th. Book your place before Friday the 12th please.

July scoraíocht will be held in the Ionad Áise in Réidh na nDoirí on the 16th.

August scoraíocht will be a trip to Kinsale and West Cork on the 20th. There will be more information in next month's Focal id' Chluais.

Answers to last month's puzzles.

Brain Boggler: The answer is a hole. It is weightless and you can see it and if you put it in a barrel it will make it lighter because the liquid in the barrel will flow out.

Brain Boggler.

What gets wetter the more it dries?

