

www.muscraie.ie

The site aims to promote Múscraí and to be a resource for all.

Among the items covered are:

- News & topics of interest to the community,
- Information regarding mfg-Meitheal Mhúscraí,
- The work we do and the various programmes that are in place
- An Archive of the Dialann & Focal id' Chluas
- Education & Training programme for the Autumn
- Information about Múscraí which we hope will be useful for visitors to the area

We welcome ideas, comments or enquiries about the layout and content of the site.

Sincere thanks to Breandán Ó Ceallacháin, the web designer who took the ideas of the coiste and staff, and made them real.

Charity Cycle

Sunday 13th September 2009

Starting at Cill na Martra GAA Pitch at 12.30pm
3 Routes - 15miles, 30 miles & 65 miles. Registration on the day. **Helmets are compulsory.** In aid of **IHCPT**
Further Information: Paudie Dineen 086 0696917
David Mc Loughlin 086 8153854

Art Classes with Pauline Dodds Hyland

For adults and primary & secondary school students
All levels- Beginners, Intermediate and Advanced
Commencing Monday 14th September 2009
Further Information – 026 45212

Flute and Tin Whistle Classes

from **Conal Ó Gráda** in the Ionad Cultúrtha
Beginners, Intermediate and Advanced –
Small Class Size. Commencing 7th Sept. 3.00pm.
Further info –087 2317418 ogradaconal@gmail.com

Information Night in the Ionad Áise, Réidh na nDoirí Wed. 16th September 7.30pm

with **MABS** and **The Department of Social and Family Affairs**

Advice on money management, entitlements, and available supports. - Everybody welcome.

Careers' Day September 2009

25 third level & further education students will be available to talk to second level students about their chosen courses and life after school.

There is also an opportunity for people who have already finished school and are considering returning to education, to meet with the third level students.

For further information contact: **Nellie at 026-45661**

Daonscoil an Fhómhair (na Mumhan)

Gougane Barra Hotel 1st - 4th October 2009

Theme: "Bailitheoirí Ceoil & Bainis Stairiúil"

Workshops, Lectures, Trips, Lunch, Dinner etc...

Information: Máire Uí Thuama 026-40130
Nollaig Ó Donnabháin 021-4544453
Máire Uí Léime 086 -1581218

The Back to School Clothing and Footwear Allowance runs from 1st June – 30th Sept. each year to help with the costs of uniforms and footwear. The allowance is €200 for children 2-11yrs., €305 for children 12-22yrs. & €215 extra for children aged 18yrs. and in receipt of half-rate children's allowance. You must be in receipt of another social welfare payment & be under the following weekly income limits:

| | Couple | Lone Parent |
|------------------|---------|-------------|
| One Child | €560.00 | €407.00 |
| Two Children | €586.00 | €433.00 |
| Three Children | €612.00 | €459.00 |
| Four Children | €638.00 | €485.00 |
| Additional Child | €26.00 | €26.00 |

if you think you may be entitled contact the **Health Centre at 026-20650.**

mfg-Meitheal Mhúscraí, Réidh na nDoirí, Maigh Chromtha, Co Chorcaí. Tel: 026-45661 eolas@muscraie.ie

Disclaimer: We take great care to research the information contained in this publication. It is, to the best of our knowledge, accurate and up-to-date at the time of publication. Our aim is to provide useful information to those who receive Dialann Mhúscraí. MFG-Meitheal Mhúscraí cannot accept any liability for any loss or damage arising as a result of reliance on this information.

Swimming Pool

Cúil Aodha

Only 2 swimming sessions from now until pool closes

Children: 6 - 7pm**Adults 7 - 8pm**There will be **no** swimming between 5 - 6pm**Ionad Lae Cois Cille**

Cill na Martra

Lunch available at 12:30 pm.

Monday, Tuesday, Wednesday & Friday

Must be booked in advance

Transport available 026-45661**Chiropodist** Appointment only

Contact Mary/Eileen at 026 40999

Massage Appointment only **Contact 087 6759121****Art classes with Pauline Dodds Hyland 22nd Sept**

For further details call 026 40999

Ionad Lae Cuan Barra

Béal Átha'n Ghaorthaidh

Lunch available Mon and Fri. at 12:30 pm.

Must be booked in advance.

Contact Siobhán /Lucy at 026 47777 or 087 1378099

Transport available 026-45661**Beauty Therapist - by appt. 10th & 24th Sept.**

Contact Aisling Ní Laoire at 087 6579894

Chiropodist Appointment only **End of September**

Contact Ann O Donovan 027 50340 / 086 3679761

Dr. Ken Harte, 12noon to 1 pm Every Wed**Art classes with Pauline Dodds Hyland 21st Sept**

For further details call 026 47777

Lee Valley Walking, September '09> Hungry Hill (challenging hill walk) **Sun Sept. 6th**> Sheep's Head Way (low level) **Sun Sept. 20th**

Thanks to all those who made the Wednesday evening walks so successful & enjoyable. Bookings are now being taken for introductory hill walking program which will begin in October. These will be held on weekday mornings to suit participants. Minimum of six required.

Annual membership €55. (Covers walks incl. introductory)**Guests: Day €20 Evening €10**

Rates available for couples and families.

Guided walks available on request (rates available)

Further details available from:

Catherine Ketch, 026 45642 www.leevalleywalking.com**Ionad Cultúrtha**

Baile Mhúirne

Art Exhibition**Thurs. 3rd September****Helen Willems-Bogles**

'**Spreagadh chun Spreaoi**' & installation of '**Tearmann**' with the Artist, Pupils from the schools in Múscraí, the community in general & people all over the world

Official opening by Ciarán Walsh

The installation will run until **24th September**Exhibition will continue until **13th October****Concert****Fri. 29th Sept 8.30pm****Carducci Quartet**

Tickets €15 /€10 /€5

Cumann Scannáin Dhoire'n ChuillinnOn the 2nd Thursday of the month starting on **8th October**Programme available on www.imuscraí.wordpress.com**Classes and Workshops****Music** with Henry Cronin (CCSM) commencing **7th Sept.****Flute** with Conal Ó Gráda commencing **7th Sept.****Accordion & Concertina** with Mary Tisdall **15th Sept.****Fiddle** with Geraldine O Callaghan **15th Sept.****Tacaois Art** with Bernadette Ni Choitir **16th Sept.****Visual Art** with Pauline Dodds Hyland**Cuan Barra** **21st Sept****Cois Cille** **22nd Sept**Further Information: 026 45733 ionadculturtha@eircom.net**Abbey Hotel**

Baile Mhúirne

Irish Blood Transfusion Service**Tuesday 1st September from 5.00 to 8.00pm****The Library**

Baile Mhúirne

Book Club for adults**Tues 8th Sept 10.30am**

First meeting in Autumn

New members welcome

Library opening times**Tues. & Fri. 10.00am- 1.00pm & 2.00pm - 6.00pm****Thurs. 2pm - 7pm. Saturday 10am - 1pm****Broadband Internet Access / Photocopying** available**New members welcome**

For further information contact Eibhlín at 026 45767

Farmers Market

Inchigeela

Creedons Hotel**Sat.26th Sept. 2.00pm**

Fresh locally grown produce

Everybody welcome