



Seachtain na Gaeilte 5th – 17th March Croí na Teanga – It's You !

mfg-Meitheal Mhúscraí information sheet & questionnaire

on the new Local & Community Development Program is included with this Dialann. Your suggestions are very valuable. We would appreciate if you could take the time to read and fill in the questionnaire. You can also send your ideas by email to eolas@muscraie.ie or call us on 026-45661 - ALL ideas welcome

mfg-Meitheal Mhúscraí - Courses

Computer Course - Beginners and Improvers

Healthcare Support FETAC Level 5 Certificate

Information Night Wednesday 2nd March 8pm

this is a HSE recognised qualification for working in a health care setting. The course will run one evening per week starting in March.

6 week introductory Indian Head Massage

course - basic head, neck, and shoulder massage techniques for home use. Friday nights - starting soon

For more information on any of the above please contact **026-45661** email: eolas@muscraie.ie



Daffodil Day Coffee Morning

Friday 25th March

Abbey Hotel, Baile Mhúirne 10.00am - 12.00 noon

Everyone is welcome. - See you there!



Irish Blood Transfusion Service

Tuesday March 29th 5pm-8pm Abbey Hotel, Ballyvourney



National Tree Week 6th – 12th March '2011 The year of the forest'



Dáimhscoil Mhúscraí Uí Fhloinn

Friday 11th March 7pm Abbey Hotel, Ballyvourney

mfg-Meitheal Mhúscraí Skills Social Group

Do you have a skill you would like to pass on ? Would you like to learn a new skill ? Would you like to be part of a skills group in Patchwork / Knitting / Quilt making etc. all ideas welcome. Please contact Séamas at 026-45661 or Ann on 086-3954501

Coiste Tuismitheoirí Coláiste Ghobnatan

Fashion Show

Tues 22nd March 8pm Abbey Hotel, Baile Mhúirne
Cheese and Wine - Tickets €10 Available from Parents' Association & Coláiste Ghobnatan

Art Portfolio Preparation

For help with European Art History, Irish Art & Art Appreciation Or with Practical Work - Life Sketching, Design etc Contact: 085 177 8155

Higher Education Student Contribution

For the new academic year 2011/12 the current annual Student Services Charge of €1,500, for full time third level students has been replaced by a flat-rate Higher Education Student Contribution of €2,000 per year.

Students who qualify for third-level grants do not have to pay it. The new Student Contribution will be eligible for tax relief in some circumstances. You cannot claim tax relief on the first €2,000 payable by your family (e.g. your first child). However you can claim tax relief on any other student contributions you pay (e.g. any other children in higher education). The tax relief is at the standard rate of 20%. In effect, this means that the second and subsequent siblings pay a student contribution of €1,600 instead of €2,000.

Further information on: www.citizensinformation.ie or **LoCall 1890 777121** or any Citizens Info. Centre

Club Paistí Chúil Aodha

Singing & music sessions for the small ones with

Fiona Kelleher **Thursday 3rd March**

Club Páistí Babies & Toddlers group

Every Thursday from 10.30am to 12.30pm

Ionad Óige, Cúil Aodha. Everybody welcome.

mfg-Meitheal Mhúscraí, Réidh na nDoirí, Maigh Chromtha, Co Chorcaí Tel: 026-45661 eolas@muscraie.ie www.muscraie.ie

Disclaimer: We take great care to research the information contained in this publication. It is, to the best of our knowledge, accurate & up-to-date at the time of publication. Our aim is to provide useful information to those who receive Dialann Mhúscraí. MFG-Meitheal Mhúscraí cannot accept any liability for any loss or damage arising as a result of reliance on this information.



Ionad Cultúrtha		Baile Mhúirne
Art Exhibition	by Geraldine O Riordan	
Official opening	Friday 4th Mar 7.30pm	
with Peadar Ó Riada. Exhibition will continue until 2nd May		
(a game of) Two Halves	Fri 11th Mar 8.30pm	
2 concerts in one! (i) Caoimhín O Raghallaigh		
(ii) Fíona Kelleher, Caoimhín Vallely & Eleanor Healy		
A night of singing - Aisling Gheal	Fri 25th Mar 8.30pm	
with Muintir Chill na Martra & Réidh na nDoirí		
Creative Writing Course	for adults with Ré Ó Laighléis	
Further Information: 026 45733 eolas@ionadculturtha.ie		

Cúil Aodha/Barr d'Inse School		Cúil Aodha
45 Card Drive	Fri.11th March 9.00pm	
Everybody Welcome		

Parent & Toddler Group		Réidh na nDoirí
Ionad Áise	Each Wed 10am - 12pm	
New members are always welcome		

Breastfeeding Support		Réidh na nDoirí
Breastfeeding Support Group meet at the Ionad Áise		
on the 1st & 3rd Tues of each month 2.30-4.30pm		
New members always welcome. For information/support		
Contact: Maresa 026 65919/Jana 085 7856960		

Parade		Béal Átha'n Ghaorthaidh
Ballingeary St Patrick's Day Parade		
Thurs 17th March After 10.00am Mass		

Swimming Pool		Cúil Aodha
Dip na Nollag	St. Patrick's Day	
Coolea swimming pool after Mass		

Lee Valley Walking March	
> Coomhola Valley & Priests Leap	Sunday 6th
> Cappagh Glen & Lough Guitane	Sunday 20th
Monday walks begin in April	
suitable for hill walking beginners -	
learn some tips and techniques, what gear you need etc.	
For further information contact:	
Catherine Ketch, 026 45642 www.leevalleywalking.com	
You can also follow Lee Valley Walking on Facebook	

Ionad Lae Nua		Baile Mhúirne
Lunch	available Wednesday & Thursday at	1.00pm
Must be booked in advance. Tel: 026 40999/45559		
Transport available. Everybody welcome		
Reflexology on the 3rd Wednesday of each month		
For appointment contact Peggy at 087 7648527		
Chiropodist Jan Cumiskey 9th & 23rd March		
Scoraíocht Thursday 3rd March 2.30 - 5.00pm		
For further details call 026 40999 / 45559		
Art and Crafts Workshops - Evenings / Nights		
Further information from Mary 026 45559/40999		
or Pauline at 026 45212		

Ionad Lae Cuan Barra		Béal Átha'n Ghaorthaidh
Lunch	available Mon and Fri. at 12:30 pm.	
Must be booked in advance.		
Contact Siobhán /Lucy at 026 47777 or 087 1378099		
Transport available 026-45661		
Beauty Therapist	- by appt.	10th & 24th March
Contact Aisling Ní Laoire at		087 6579894
Chiropodist	Appointment only	
Contact Ann O Donovan 027 50340 / 086 3679761		
Art classes with Pauline Dodds Mondays 2pm - 4pm		
For further details call 026 47777		
Dr. Ken Harte ,	12noon to 1 pm Every Wed
Cards every Thursday 9pm.		
Music classes each Tues. contact 086 0866668		

Ionad Lae Cois Cille		Cill na Martra
Lunch Monday Tuesday Wednesday & Friday 12:30 pm.		
Must be booked in advance		Transport available
Reflexology on the 1st Tuesday of each month		
For appointment contact Peggy at 087 7648527		
Massage	Appointment only	Tel: 087 6759121
Chiropodist	Appointment only	Mid February
Art classes with Pauline Dodds Tuesdays 2pm - 4pm		
For further details call 026 40999		

Parade		Cill na Martra
Saint Lachteen Parade		
		Sunday March 20th
After 11.30am Mass in Cill na Martra. Refreshments		
will be served after Parade in the Community Hall.		
Everyone welcome		