

Féile na Laoch Friday 29th July - Monday 1st August 2011

The entire festival programme is available on posters and on the internet at www.feilenalaoch.com. The vast majority of events are free and everybody is welcome to attend. The organising committee are still looking for people to help with the various meitheals - stewards and those who want to help out in feeding guests etc in particular. Anybody willing to help please contact Concubhar Ó Liatháin at the Comharchumann office in Cúil Aodha 026 65781. Anybody willing to offer accommodation to visitors, contact maireadwiseman@eircom.net. The committee are very grateful for all the help and support received from people throughout Múscraí - without it this festival would not be possible.

Valley Wheelers Cycling Club Annual Mick Dineen Cycle Sunday 31st July

Registration 8.30am Ballingearry GAA grounds.
Ballingearry Pipe Band will lead the cyclists at 9am
€5 entry fee for adults only, students and children are free. **All cyclists must register before starting.**
A cycling helmet, a bicycle in good working order, and a reasonable level of fitness are a minimum requirement.
Support vehicles available on both routes, with refreshments provided at the first official stop in Kenmare & water provided in Ballylickey.
There are two distances available:
100 km: Ballingearry, Kenmare, Tunnels, Glengariff, Ballylickey, Ballingearry.
140km: Ballingearry, Kenmare, Lauragh, Healy Pass, Glengariff, Ballylickey, Ballingearry. Go raibh maith agat, to all who made this possible for another year.

Top to Top - Ó Bhárr go Bárr

**Classic Honda 50 & E-Rothair Run in Aid of
Rockmount Alzheimer Day Care Centre,
Kilgarvan, Co Kerry.**

Please support this Charity Event by sponsoring the Bikers and Cyclists in their upcoming challenge to travel from the
Highest Pub in Ireland The Top of Coom to the
Highest Pub in the UK The Tan Hill Inn
The trip takes place on the weekend of
26th to 29th August 2011.
Sponsorship Cards available in local Shops and Pubs and from Committee Members.
All funds go to Rockmount Day Care Centre.
For further information on this charity event please phone **Eileen or Tim on (064) 6685373.**

Ballyvourney / Coolea Show Sunday 21st August 2011

Competitions, Novelty Events Children's Sports,
Numerous other Side Shows
CHILDRENS PLAY AREA
Bouncing Castle, Slide,
Children's' Amusements
Music in the field on the day
A fun day out for all the family
Entry forms available from local shops
Further Information: Tel:026 45957
Email: taispeantasbc@gmail.com

Ballingearry Show

Sunday 28th August 2011
At farm of Finbarr Cotter, Kilmore, by kind permission.
**Various Competitions, Side Show attractions and
Novelty Events**
Live Music with Patrick O Sullivan & Conor
Dancing Platform on Field, Farmer's Market.
Ballingearry Pipe Band, and much more
A GREAT FAMILY DAY OUT ASSURED!
Closing date for entries is 17th August.
Entry forms now available in local shops.
More details: Tel: 026 47182 / 47196 / 47278.

Swimming Pool

Cúil Aodha

Swimming & life saving courses

Cúil Aodha 8th to 13th August

Registration at **9.30am** on the first day of course.

CPR & Life Saving classes for adults - evenings 7pm

Info: **Siobhán 087 9274671**

Further information on www.iws.ie

Coolea Swimming Pool Opening Times: Mon - Fri:

5 - 6pm & 6 - 7pm for young people 7- 8pm for adults

Saturday, Sunday & Bank Holidays 2pm - 3pm for all

Private swimming classes available. Please contact

Siobhán 087 9274671 or Treasa 087 2211822

Lee Valley Walking, August 2011

- > **The Lost Valley** Wednesday 3rd
 - > **Dursey Island via cable car** . . . Sunday 7th
 - > **Lough Guitane & Coppagh Glen** . . . Wednesday 10th
 - > **Brandon Mountain Hill Walk** . . . Sunday 14th
 - > **Slí Gaeltacht Mhuscraí** . . . Wednesday 17th
 - > **Cummeenatrush Lake & Waterfall** Wednesday 24th
 - > **The Paps - Hill Walk** . . . Sunday 28th
 - > **Two Woods Baile Mhuirne** . . . Wednesday 31st
- Wednesday walks 7 - 10pm, Sunday walks 9am - 4pm
For further information phone or text Catherine
087 2231225 www.leevalleywalking.com

Ionad Lae Cuan Barra

Béal Átha'n Ghaorthaidh

Lunch available Mondays and Fridays at 12:30 pm.
Must be booked in advance. Transport available

Beauty Therapist - by appointment various dates
Contact Aishling Ní Laoire at 087 6579894

Chiropodist Appointment only
Contact Ann O Donovan 027 50340 / 086 3679761

Dr. Ken Harte, 12noon to 1 pm Every Wed
Contact Siobhán /Lucy at 026 47777 or 087 1378099

Ionad Lae Nua

Baile Mhuirne

Please note: Lunch now available each
Monday, Wednesday & Thursday at 1pm
Must be booked in advance. Tel: 026 40999/45559
Transport available. Everybody welcome.

Massage Appointment only Tel: 087 6759121

Chiropodist Rita Sheehy Wednesday 10th August
Information & Bookings: 026 45559 /40999

Launch in the Ionad Cultúrtha

Baile Mhuirne

Launch of 'Séadna' 25th August 7.30pm
Dr Neil Buttimer, University College Cork will launch
an 8 CD audiobook of Peadar Ua Laoghaire's 'Séadna'
read by Maighrlead Uí Lionáird along with a new edition
of the text, by Liam Mac Mathúna. All are welcome.
www.coislife.ie

Summer Camp

Gill na Martra

For children aged 7 - 14 15th - 19th August
10am - 3.30pm. Fee €50. Discounts for families
Wide range of activities.
Application forms available from Comharchumann
Forbartha Mhúscraí 026 65781 and online at
www.imuscraí.com

Gougane Barra Hotel

Theatre by the Lake

O'Sullivan Beara The Last Gaelic Chieftain
with Aidan Dooley 2nd August - 7th August 2011

Guerilla Days in Ireland by Tom Barry
adapted for the stage by Neil Pearson 10th - 19th August
no show Thurs 18th. Shows start 8.30pm sharp
€23 show only. €50 dinner & show. €105 1DBB & show
Tel: 026 47069 or email: gouganebarrahotel@eircom.net

Info: www.gouganebarrahotel.com

Ionad Lae Cois Cille

Cill na Martra

Lunch Monday Tuesday Wednesday & Friday 12:30 pm
Must be booked in advance **Transport** available
Massage Appointment only Tel: 087 6759121
Chiropodist Appointment only mid August
For further details call 026 40999

The Abbey Hotel

Baile Mhuirne

Trad music session in the Bar every Saturday night
Musicians and singers are welcome to join in each night.
Tel: 026 45324 www.theabbeyhotel.ie

Ballyjourney Coolea Show 2011

Sunday 21st August. Entry forms & info: 026 45957

Ballingeary Show 2011

Sunday 28th August. Telephone: 026 47182/47196