

# Dialann Mhúscraí April 2011



## April is National Spring Clean Month

In 2009 more than 505,000 people volunteered to join with other members of their community to organise National Spring Clean events around the country where an estimated 1,596 tonnes of litter was collected. You can register your local clean up event on [www.nationalspringclean.org](http://www.nationalspringclean.org)

**Litter Picking** will take place in Cill na Martra on Wednesday April 13<sup>th</sup>. Weather permitting. Meeting at Aire na nÓg at 6pm & 7.30pm

## Macroom Citizens Information Centre

provides information, advice and advocacy on your rights & entitlements. New opening hours are:  
Tuesday: 10am - 4pm Wednesday: 10am - 4pm  
Thursday: 10am - 4pm Friday: 10am - 1pm  
You can contact us by dropping in to the office at South Square, Macroom or telephone 026 42179.

## Comhaltas Ceoltóirí Éireann

On Saturday, 9<sup>th</sup> April, members of Comhaltas Ceoltóirí Éireann will gather in Macroom to support Fleadh Cheoil Chontae Chorcaí. There will be a stage in the area of the Mart where musicians will play throughout the day. Anybody wishing to play will be most welcome. Donations will be gratefully received. Enjoy the music!

## Gougane Barra Hotel re-opens on the 8<sup>th</sup> of April

Lunch, dinner, party, reunions, weddings. 'Faulty Towers the dining experience' will be back from the 20<sup>th</sup> -31<sup>st</sup> of July 2011!

Theatre by the Lake tickets available online

Tel. 026 47069 [www.gouganebarrahotel.com](http://www.gouganebarrahotel.com)

## mfg-Meitheal Mhúscraí Skills Social Group

Do you have a skill you would like to pass on ?  
Would you like to learn a new skill ? Would you like to be part of a skills group in Patchwork / Knitting / Quilt making etc. all ideas welcome. Please contact Séamas at 026-45661 or Ann on 086-3954501

**Easter Sunday 24<sup>th</sup> April**



**Mother's Day 3<sup>rd</sup> April**

## Social Insurance Credits

If you are an employee, PRSI deductions are made from your earnings each week. Your PRSI contributions to the Social Insurance Fund can help you to qualify for social insurance payments, such as, Jobseeker's Benefit and State Pension (Contributory). If you are out of work you may not have a PRSI contribution but you may qualify for a credited contribution.

A credited social insurance contribution is a contribution given to you and recorded on your social insurance record. Some social welfare payments allow you to combine your paid and credited contributions to help you qualify for a social insurance payment.

To qualify for a credit you must have worked & paid at least one PRSI contribution at PRSI Class A, B, C, D, E, or H & have paid or credited contributions in either of the last two completed tax years, eg. if you are applying for credits in 2011 you must have paid or credited contributions in either 2010 or 2009. If there is a gap of more than 2 complete tax years you must work & pay contributions for a further 26 weeks before you qualify for credited contributions.

### Credits and homemakers

The Homemaker's Scheme can make it easier for homemakers to qualify for a Contributory State Pension. Under the scheme you may be eligible for homemakers credits if the reason you are job-sharing is to look after a child under 12 years of age, or a disabled child, or adult.

If you give up work to look after a child under 12 years of age, or a disabled child, or adult, you can get credits from the date you give up work to the end of that contribution year. If you are out of the workforce for the complete contribution year the complete year is disregarded in the assessment for a State Pension (Contributory). If you are getting Child Benefit for a child under 12 years of age or are getting Carer's Allowance or Carer's Benefit, there is no need to register as a homemaker.

More information can be found on [www.citizensinformation.ie](http://www.citizensinformation.ie) or by calling to the local Citizens Information Office.

**mfg-Meitheal Mhúscraí**, Réidh na nDoirí, Maigh Chromtha, Co Chorcaí. Tel: 026-45661. [eolas@muscraie.ie](mailto:eolas@muscraie.ie)

**Disclaimer:** We take great care to research the information contained in this publication. It is, to the best of our knowledge, accurate and up-to-date at the time of publication. Our aim is to provide useful information to those who receive Dialann Mhúscraí. MFG-Meitheal Mhúscraí cannot accept any liability for any loss or damage arising as a result of reliance on this information.



**Table Quiz**

Béal Átha'n Ghaorthaidh

**Árd na Laoi Friday 1st April 9pm**

Proceeds will go toward new 'Fáilte' signs to Béal Átha'r Ghaorthaidh. Vote on design of new signs on the night.

**Coffee Morning & Cake Sa**

Cill na Martra

**Ó Murchú's Bar Wednesday 6th. 9.30-2.00**

Cake Sale, Coffee Morning & Sale of secondhand books. Organised by Scoil Lachtaín Naofa Parents Association. All baking & books gratefully received.

**Parent & Toddler Group**

Réidh na nDoirí

**Ionad Áise Each Wed 10am-12pm**

**Club Páistí**

Cúil Aodha

**Ionad Óige Each Thursday 10.30 - 12.30**

Chat & Play, All are welcome

**Irish Water Safety**

Béal Átha'n Ghaorthaidh

**Swimming & Life Saving Courses 18th - 22nd July**

in Ballingearry pool this Summer.

Information from: Mary Farrell 026 47207

**Swimming Pool**

Cúil Aodha

**Swimming Classes**

This years classes will begin on 11th July and 8th August

**Ionad Cultúrtha**

Baile Mhúirne

**Concert Friday 15th April 8.30pm**

Christy Leahy (accordion) & Caoimhin Vallely (piano)

**Cruinniú na bhFliúit Concert Sat 30th April 8.30pm**

Michael Tubridy, Conal Ó Grada, Hammy Hamilton, Tara Diamond, John Wynne, Banna Fliúit Loch Uí Bhogaidh

**Cruinniú na bhFliúit (more info on facebook) 28th to 30th**

'An t-Ealu' art exhibition by Geraldine O'Riordan will continue until 2nd May. The exhibition by participants of Tacaais 'Breacadh an Lae' opens 5th May.

Further Information: 026 45733 [eolas@ionadculturtha.ie](mailto:eolas@ionadculturtha.ie)

**Art Course**

Baile Mhúirne

**Art course for Adult Beginners & Improvers**

with Pauline Dodds at An Abhainn Garbh Art Studio Wednesday evenings 7pm - 9pm beginning 16th April. 8 week course €64, Senior Citizens €45. Those unable to commit to full course are welcome on an evening. Materials supplied. For details & bookings: 026 45212.

**Lee Valley Walking April**

> Gougane Barra Forest Trails **Sunday 10th**

> Torc Mountain **Sunday 24th**

Monday walks from 1 - 4pm April to June.

Walks as Gaeilge - From April to August the evening walk on the third Wednesday of each month will be in Irish.

> St Gobnait's Wood & Shrine **Wednesday 20th**

Catherine Ketch, 026 45642 [www.leevalleywalking.com](http://www.leevalleywalking.com)

**Ionad Lae Nua**

Baile Mhúirne

**Please note the following change: Lunch** now available

each **Monday, Wednesday & Friday** at 1pm

Lunch will no longer be available on Thursdays.

Must be booked in advance. Tel: 026 40999/45559

Transport available. Everybody welcome.

**Reflexology** on the 3rd Wednesday of each month

For appointment contact Peggy at 087 7648527

**Chiropodist** Jan Cumiskey 13th & 27th April

**Art and Crafts Workshops** - Evenings / Nights

Call Mary 026 45559/40999 or Pauline at 026 45212

**Ionad Lae Cuan Barra**

Béal Átha'n Ghaorthaidh

**Lunch** available Mondays and Fridays at 12:30 pm.

Must be booked in advance.

Contact Siobhán /Lucy at 026 47777 or 087 1378099

**Transport** available ..... 026-45661

**Beauty Therapist** - by appt. **7th & 21st April**

Contact Aishling Ní Laoire at 087 6579894

**Chiropodist** Appointment only

Contact Ann O Donovan 027 50340 / 086 3679761

**Art classes** with Pauline Dodds Mondays 2pm - 4pm

For further details call 026 47777

**Dr. Ken Harte**, 12noon to 1 pm ..... Every Wed

**Cards** every Thursday 9pm.

**Music classes** each Tuesday contact 086 0866668

**Ionad Lae Cois Cille**

Cill na Martra

**Lunch** Monday Tuesday Wednesday & Friday 12:30 pm

Must be booked in advance **Transport** available

**Reflexology** on the 1st Tuesday of each month

For appointment contact Peggy at 087 7648527

**Massage** Appointment only Tel: 087 6759121

**Chiropodist** Appointment only Mid April

**Art classes** with Pauline Dodds Tuesdays 2pm - 4pm

**Scoraíocht** Thursday 7th April 2.30 - 5pm

For further details call 026 40999

